FELTHORPE NEWSLETTER FEBRUARY 2022

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The Rector writes:

What a joy, if not also slightly daunting, for me to be commissioned by the Bishop of Norwich, being presented by the Archdeacon of Norwich, as Rural Dean of Norwich North Deanery on Sunday 16 January. I remain Rector here at Felthorpe (as well as Hevingham and Horsford) with this additional role. The main purpose is to be aware of the circumstances of the Parishes across the Deanery (this includes Drayton, Hellesdon, Horsham, Spixworth, Sprowston, Taverham, New Catton, Old Catton, Mile Cross...!), to support clergy colleagues and to Chair Deanery Synod (a meeting of clergy and elected lay people) plus anything else the Bishop may ask a Rural Dean to do! The organist, Liz Vennard, composed a special piece of music for the occasion, which I was so touched by, and it was a joy to have friends and members of congregations from across the Deanery come along. It was a great privilege to host the service at the rural outpost of Norwich North(!) and will be a privilege to serve as Rural Dean.

In his sermon the Bishop of Norwich spoke of calling, not just for one or two people but everyone. What is our vocation? The Bible reading was from the book of 1 Samuel when Samuel is called by God to his role. Samuel responded "here I am" thinking it was Eli who he worked for but after 3 times of being called Eli realised what was happening and told Samuel to say if it happens again "Speak Lord, for your servant is listening". Powerful words. Bishop Graham looked at me as he said "Margaret, be Margaret in this role; you are called to be Margaret".

How often do we have an inner voice prompting us to do something new or approach something in a different way? And when we do, are we are ourselves or do we try to do it the same way as someone else, often the previous person? We are all to be ourselves. We need to have the encouragement of others to do just that as we gain in confidence and understanding which in turn gives us focus.

There are a number of colleagues who lead services and work in the Parish who will now share writing the monthly reflection in this newsletter. They'll bring their own personality and perspectives. Richard McPhee is our Lay Reader, licensed 11 years ago. He regularly leads Evening Prayer at Felthorpe and many of you will have met him at the carol service. Liz Dawes is an ordinand, someone training to be a priest. She studies part time at Cuddesdon College and spends 1½ days with us in Horsford Benefice. She was previously a Lay Reader in the Aylsham Team Ministry. Wendy Saunders is a retired vicar from London who lives in Felthorpe. She helps out across the Diocese of Norwich and for the Methodist Church, leading services where there is need. She often covers for me when I am away as well as taking funerals and weddings. She's also activity involved in Felthorpe being a Parish Councillor. We're a team of people and perspectives, experiences and interests who will delight in being "us" as we write the monthly reflections.

Services at St Margaret's

February 6th 3.00pm Evening Prayer BCP

13th 3.00pm Holy Communion BCP

20th 3.00pm Evening Prayer BCP

27th 3.00pm Holy Communion BCP

March 6th 10.30am Benefice Service at All Saints Church – Horsford

FROM THE PARISH RECORDS Funerals

Kay Whiffen at St Faith's Crematorium with her ashes interred 4th December at St Margaret's - Felthorpe 18th November Arthur 'George' Wilkinson at St Faith's Crematorium and his ashes interred 19th November at St Margaret's – Felthorpe

17th January Derek Sicklemore at St Faith's Crematorium

Marjorie Marshall

Many of you knew Marjorie. She was a Lay Reader for many years in Horsford Benefice as well as being Church Warden and PCC Secretary at All Saints, Horsford. She died at the end of 2020 with her funeral in February last year. Because of the Covid 19 restrictions, many people were unable to come to her funeral. To give everyone an opportunity to give thanks, we're having a Thanksgiving Service for her at All Saints Church, Horsford on Friday 25 March at 2.30pm. Everyone is welcome. Parking is at the Spice of India restaurant.

<u>Baptist Chapel</u>, Mill Lane, Psalm 46.vs1: "God is our refuge and strength, a very present help in trouble". We would be pleased to see you at any of our meetings. Ian Mckemmie, email ianmckemmie@btinternet.com.

FELTHORPE PAVILION & RECREATION GROUND COMMITTEE

BINGO - THURSDAY FEBRUARY 17th and MARCH 17th 2022 at 7.30pm for play at 8pm. £5 per session. Then every THIRD THURSDAY IN THE MONTH. Please join us for a fun evening.

<u>TABLE TENNIS</u> - TUESDAY EVENINGS at 6pm to 8pm and WEDNESDAY MORNINGS 10 to 12. Refreshments provided at each session, All abilities welcome. Any questions please contact June on 01603 754400 or 07552 724440

<u>ZUMBA GOLD</u> - TUESDAY MORNINGS - 10am to 11am. £5 per session. Any questions please contact Sarah-Jayne on 077789 561224.

<u>FITNESS PILATES</u> - MONDAY MORNING - 11.45am to 12.45pm. £6.00 per session. Improves posture, movement, mobility and flexibility. Helping to identify basic postural imbalances through Pilates based exercises. Any questions please contact Jo on 07969 863078 or email. jo@mojofitnessandwellbeing.co.uk

<u>BALANCE & STRENGTH PILATES</u> - THURSDAY MORNINGS. 11am till 12 pm. £6 per session. This is an exercise programme aimed at the over 55`s. Jo takes you through a variety of seated and standing exercises which helps to improve confidence and mobility. Leg weights will be available to purchase at a reasonable cost. Any questions please contact Jo on 07969 863078 or email. jo@mojofitnessandwellbeing.co.uk

<u>ROCK BOX</u> - A DRUMSTICK BOXING WORKOUT - WEDNESDAY EVENINGS 6.30 to 7.30 £6 per session and if required drumsticks may be purchased at a cost of £4. Please contact Steph on 07841 029555 for further details.

<u>RECYCLING</u> - Many thanks to everyone who uses our recycling facilities. Just a reminder, we recycle paper (not cardboard), glass, clear and coloured, clothes and shoes.

NEXT COMMITTEE MEETING WILL BE HELD ON THURSDAY 10th February 2022, 7.30 VISITORS MADE VERY WELCOME SO PLEASE JOIN US.